



CURBSIDE COLLECTION PROGRAM GUIDE



GARBAGE COLLECTION
BI-WEEKLY



RECYCLING COLLECTION
BI-WEEKLY



FOOD WASTE COLLECTION
WEEKLY

GUIDELINES

The Town of Creston provides a Curbside Collection Program for single-family, secondary suites and multi-family, with 4 units or less, dwellings within Town limits.

- **Food waste** is collected **every week** in the Town of Creston green cart (other types of green carts are NOT permitted).
- **Garbage and recycling** are collected **every second week** (alternating weeks) on the same day as food waste.
- Collection will take place between 7:00 AM and 4:30 PM.
- Have your containers at the curb by 7:00 AM on your collection day. DO NOT put them out the night before.
- For missed collections or rejections, please contact Tip-It (see contact info below).
- Please adhere to the noted weight restrictions - our collectors have to manually lift and dump all bins into the trucks.

FOOD WASTE

- Each household is permitted one Town-branded green cart for food waste that is collected every week.
- Food waste carts may contain a maximum of 18kg (40 lbs) of food waste per collection.
- If you **occasionally** have more than the 18kg limit, **extra food waste bag tags** can be purchased at Town Hall. Extra food waste must be placed in a paper bag or user owned re-usable plastic container with secure handles.
- Bags or liners used in the food waste carts **must be made of 100% compostable paper products**. It is not mandatory that you bag your food waste, however, it prevents material from sticking/freezing to the cart.
- Plastic biodegradable or compostable bags, plastic grocery bags, or garbage bags are not permitted.
- **Do not place your kitchen catcher at the curb**, due to their small size they can easily break or be missed.

RECYCLING

- All recyclables are to be placed loose in a Town-branded blue box at the curb. **DO NOT put in plastic bags**.
- Each household may place unlimited boxes of recyclables at the curb for collection every second week. Special sorting of materials in boxes is not required.
- As long as the Town-branded blue box is present, additional boxes can be used for collection provided they are clearly marked for recycling, has an open top (no lids) and weighs a maximum of 18 kg (40 lbs) when full. Town Hall carries recycling logo stickers that can be used to identify an unmarked container for recycling collection (a storage tote for example).
- **Flatten large cardboard** and place in your recycling box. Cut or fold pieces to a maximum of 30"x 30" (76 cm x 76 cm) in size.
- See the Curbside Collection Sorting Guide pages in this guide for help on what goes in your curbside recycling box and what goes to the depot.

GARBAGE

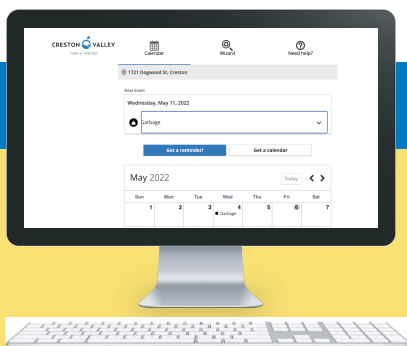
- Each household is permitted a maximum of **23 kg (50 lbs)** of garbage **every second week**. Garbage can be bagged and placed in one garbage can (120 L) or placed in two regular-sized black garbage bags (65cm x 83cm) each weighing up to 11.5kg (25 lbs).
- **All garbage must be placed in bags** and tied or closed securely, even if using a garbage can.
- The Town does not provide garbage cans, however, we recommend their use to keep wildlife out of your garbage. **Maximum size should be 120 L**, made of a lightweight material and have secure, easy to grip handles.
- If you occasionally have more than the 23 kg (50 lbs) limit, **extra garbage bag tags** can be purchased at Town Hall. Extra bags can weigh up to 11.5kg (25 lbs) each.
- Tip-It provides a subscription-based, extra garbage collection service if you require weekly collection. Contact Tip-It directly to arrange for this service (see contact info below).

CURBSIDE YARD WASTE COLLECTION 2025

- Once in the Spring and twice in the Fall, yard waste pickup will be provided. The below dates are weather dependent - visit **creston.ca** or phone Town Hall for updates.
- Spring – the week immediately following the Easter long weekend (weather dependent).
- Fall pickup #1 – the week immediately following the Thanksgiving long-weekend.
- Fall pickup #2 – the week immediately following Remembrance Day (weather dependent).
- All Yard Waste must be placed in rigid, weather-proof containers or Kraft paper bags for collection. Each Yard Waste container/ bag can weigh up to 23 kg (50 lbs). Kraft paper bags are available at local retailers. Branches and prunings must be cut into 1 meter (3 foot) lengths and tied in manageable bundles.
- Materials will be accepted in unlimited quantities, provided each bag does not weigh more than 23 kg (50lbs).
- The following items are accepted for Yard Waste collection: clippings (grass, lawn, and hedge), sod, flowers, weeds (non-invasive), leaves, vegetable stalks, shrubs, and branches.
- Shrub and tree branches may be up to 15 cm (6”) in diameter and 100 cm (3') in length. Branches can be tied in manageable bundles or placed unbundled inside of compostable Kraft paper bags.

LEAVE THE BINS BEHIND!

Town of Creston-branded green carts for food waste and blue boxes for recycling, have serial numbers and are assigned to the **current property**, and they stay with the property if you move to another location.



Visit creston.ca to:

- View and print your collection schedule by entering your address.
- View frequently asked questions.
- Learn what you can and can't put at the curb using our Waste Wizard.
- Set up email or phone reminders.

There's an app for that!

Download our mobile app
CRESTON RECYCLES



View your
waste collection
schedule



Receive reminders
about your
collection day



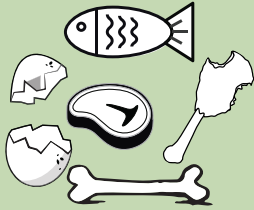
Learn if
materials
can be recycled

Sign up to receive notification reminders before your collection day! Download the Creston Recycles app from the Apple App store or Google Play store.



CURBSIDE COLLECTION & RECYCLE BC DEPOT SORTING GUIDE

CURBSIDE FOOD WASTE



eggs, seafood, meat, bones smaller than 2 inches in diameter



butter, fat, and lard



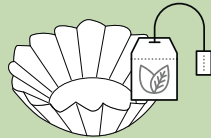
dairy products



nuts, seeds, and shells



fruit and vegetable scraps (remove produce stickers)



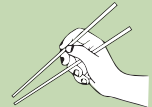
coffee grounds, tea, and filter papers (remove staples)



pasta and bread



condiments, jams, and sauces



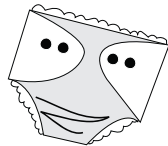
wooden chopsticks, toothpicks, and popsicle sticks



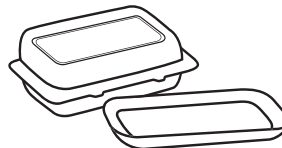
food soiled paper products including: cardboard boxes, paper fast food wrap & paper bags, napkins, paper towels, and facial tissue. Paper towels, napkins & tissues **MUST** go in your **FOOD WASTE**, even if clean. **DO NOT** put these in your recycling!

food soiled shredded paper is also accepted in small amounts

NOT ACCEPTED IN YOUR CURBSIDE GREEN CART



diapers



styrofoam



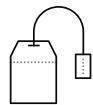
yard waste



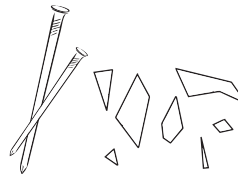
pet hair or human hair



plastic over-wrap from produce, meat and cheese



biodegradable /compostable plastic tea bags



metal

glass



pet waste & kitty litter



animal bones greater than 2" in diameter

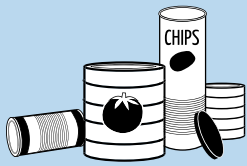


Please note: Coffee grounds are welcome in your food waste but please do not throw coffee pods into your food waste. If you wish to take them apart, the grounds can go into food waste but the plastic pod and metal tin foil lid must be separated from each other, rinsed, and put in your recycling.

IMPORTANT: Biodegradable/oxo-degradable and compostable plastics are not permitted in your food waste. If you are not certain what is compostable then it is best to put it in the garbage. Do not put compostable plastics in your recycling as they can't be recycled with other types of plastic resins.



CURBSIDE RECYCLING



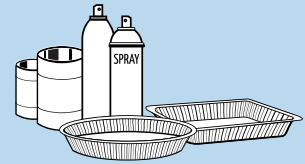
spiral wound cans & thin-gauge metal tins



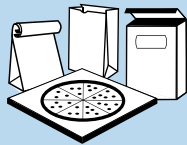
all types of plastic containers and lids



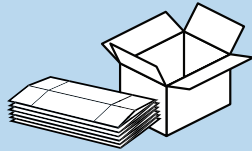
paper packaging for wet items



aluminum foil, aluminum/metal/foil containers and cans, (does not include paint aerosols)



paper packaging for dry items



corrugated cardboard flattened and stacked 30"x30" max, do not tie



single use coffee pods (empty, rinse and remove lids)



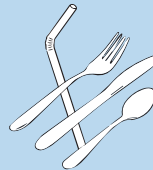
plastic dental floss containers



plastic plant pots & saucers



disposable plastic plates/bowls/cups and utensils



plastic straws & plastic stir sticks & cutlery



plastic food storage containers (ex. Glad, Ziploc)



plastic tape dispensers



newspaper, office paper, magazines, catalogues, flyers, non-foil gift wrap/gift bags (remove non-paper handles, ribbons and bows) cardboard gift boxes, paper and cardboard party decor (remove any non-paper parts). Contain shredded paper in a small box (ie. cereal box), and place securely in or beside your blue box.

EMPTY and RINSE all containers. No special sorting of materials is required.

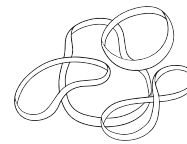
NOT ACCEPTED IN YOUR CURBSIDE RECYCLE BOX



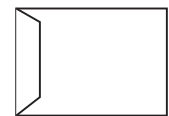
foam packing peanuts



glass jars



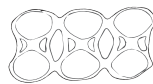
rubber bands



padded envelopes



hardcover & paperback books (donate or sell)



6 pack beverage rings



ribbons and bows, foil gift wrap



paper towel, napkins, tissues



plastic toys



chip bags & granola bar wrappers



peanut butter jars or cosmetic tubes that cannot be cleaned



styrofoam packaging, cups and plates



flexible plastics, plastic bags, sandwich and freezer bags, plastic shrinkwrap

CRESTON RECYCLE DEPOT (RECYCLE BC)

412 Helen St, Creston
(behind Arrow Mountain Car Wash)

(ITEMS MUST BE SEPARATED BY CATEGORY)

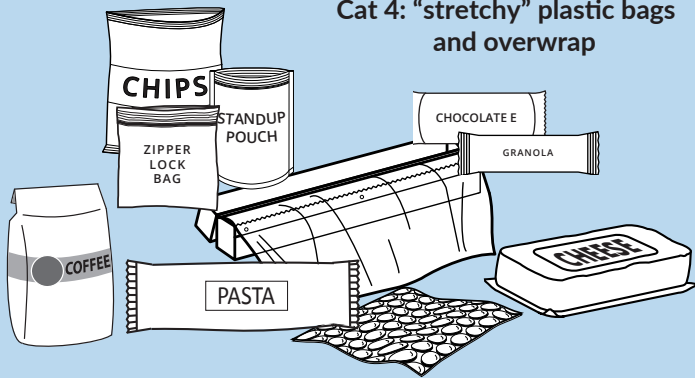
Cat = Category



Cat 8: glass jars and bottles
(empty & rinse, metal lids
can go in curbside recycling)

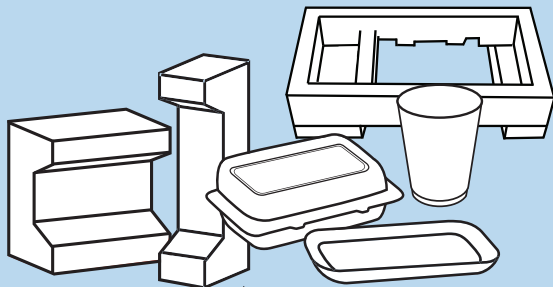


Cat 4: "stretchy" plastic bags
and overwrap



Cat 9: flexible plastics such as: candy & snack wrappers,
chip bags, coffee bags, Ziplock bags, pouches, pasta bags,
cheese wrap, cling wrap, bubble envelopes & wrap, soft
("squishy") foam packaging & wrap

Visit recyclebc.ca/flexiblepackaging/ for more info

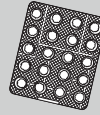


Cat 5: Styrofoam packaging, trays, plates/cups/bowls
& containers (please separate white & coloured foam
foam packing peanuts are NOT accepted - please
put these in the garbage)

All materials accepted in the curbside program
are also accepted at Recycle BC Depots

CURBSIDE GARBAGE (NON-HAZARDOUS WASTE)

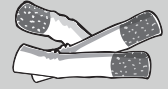
The average weight of garbage (mixed waste)
collected in Creston per household every 2
weeks is 7.1kg or approximately 16 lbs.



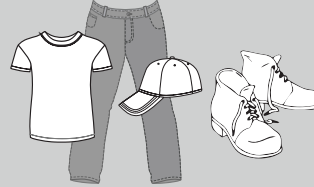
blister packs
(pills, gum, etc.)



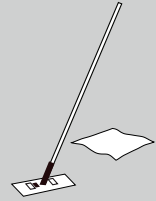
broken storage
containers



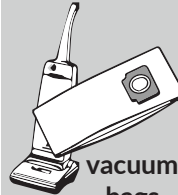
cigarette butts and
ashes



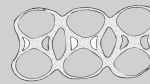
worn-out clothing and shoes
that cannot be donated or
repurposed



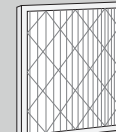
dryer sheets, lint, and
disposable mop pads



vacuum
bags



canned
beverage
6 pack ring



furnace
filters



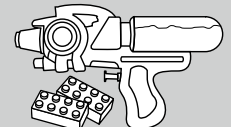
worn-out
garden hoses



broken glassware and
ceramics



pet waste and
kitty litter



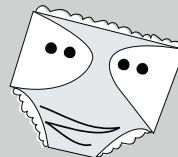
broken toys
(not electronic)



cotton swabs, cotton balls
and sanitary products



disposable masks and gloves



diapers

Please note: If you have diapers or
other medical waste in your home,
you may be eligible for additional
FREE garbage tags for the year. Visit
Town Hall for more information.

See the Extended Producer Responsibility section in
this Guide for the many recycling options available
before throwing items in the garbage.

Recycle depot items are subject to change.

Find the most up-to-date information with the Creston Recycle App or contact
the Town of Creston for further assistance.

FOOD WASTE/GREEN CART TIPS

- **Empty and rinse** your kitchen catcher frequently to prevent material build-up or **line** your kitchen catcher with paper towel, paper bag, newspaper or paper **compostable** liners.
- **Freeze** particularly smelly and messy food waste in your freezer until your collection day (dairy, meat, bones, shellfish...).
- **Drain** as much liquid as possible from your organic material before putting it in your food waste cart.
- **Wrap** your food waste in newspaper, paper towel or tissue paper to absorb excess moisture.
- **Sprinkle** some baking soda, white vinegar or lemon juice in your container to help fight odours.
- Avoid **insects and other pests** by sprinkling rock-salt, garden lime or powdered ginger in the green cart or kitchen catcher
- Keep your containers **cool** by storing them away from heat and direct sunlight. Heat speeds up decomposition and produces odour faster.
- Fats, oils and greases (“FOG”) **must** not be dumped down the drain. Let these solidify or freeze, then scrape into your food waste. Large quantities of cooking oil can be added over several weeks to ensure that FOG does not exceed more than 5% of the total volume of your food waste.
- **Soiled paper products** like paper towel, napkins & tissues should go in your food waste. These are not recyclable, even if clean.
- **Small wood products** like popsicle sticks, toothpicks and chopsticks are also accepted in with your food waste. Break longer items into smaller pieces.
- Take your food waste cart to the curb for collection **every week**, even if it isn't full.

How to avoid having frozen waste materials left at the bottom, **when the temperature drops below zero:**

- Place a piece of cardboard or newspaper at the bottom of the bin.
- Don't place liquids in the green bin
- Wrap moist materials (fruit and vegetable scraps, tea bags, coffee filters, etc.) in a sheet of newspaper to absorb any excess liquid that may ooze out.
- Place a paper bag in your bin and put your compostable kitchen waste inside it. **DO NOT** use biodegradable plastic bags

Only use **100% compostable paper products** when purchasing liners for your Kitchen Catcher. **Bag To Earth™** are plastic free, compostable paper liners and are an acceptable option. **“Biodegradable” or “oxodegradable”** bags are **not acceptable**.

RECYCLING/BLUE BOX TIPS

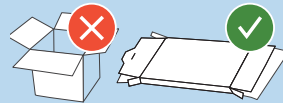
What's in your recycling blue box matters!

Do not include stretchy plastics, foam packaging, glass, books, or other items that are not accepted in the program. Including unacceptable materials may result in your box not being collected.



Do not bag recyclables.

All items must be placed loosely inside your blue recycling box.



Flatten cardboard and boxes.



Crush, compact & compress!

Crushing and making items as small as you can, before placing them in the box will help you fit more material inside!



Do not overfill your boxes!

Overflowing boxes may not be collected.



Do not pack down waste once in box.

Tightly packed material inside your boxes may get stuck and not empty properly.

Reduce your packaging.

Buying in bulk, using reusable containers, choosing items with less packaging, and reusing items will help decrease the amount of material you need to manage.

When In Doubt...there are Options!

Use **Creston Recycles App** Wizard for

what-goes-where info (mobile app or on our website at creston.ca)

Contact the Recycling Council of BC (1-800-667-4321 / hotline@rcbc.ca). Please avoid “wish-cycling” - only residential packaging and paper are accepted by Recycle BC at this time.

EXTENDED PRODUCER REponsibility

Extended Producer Responsibility (EPR), also referred to as Product Stewardship, is a concept where manufacturers, importers or retailers are responsible for funding the collection and recycling of the products or packaging they produce and sell. For example, the Recycle BC EPR program funds the collection and recycling of residential packaging and printed paper. Shown below are the many EPR programs that exist in BC. If you have to dispose of any of these types of items, check the websites listed or use our Creston Recycles app to see where you can drop them off for free.

Note that clean textiles and other fabric-based items are not currently covered by an EPR program but can be dropped off for free at the Gleaners in town. If you need further assistance see the “When in Doubt” options at the bottom of the sorting guide pages in this Guide, the on-line Waste Wizard at creston.ca, or call the Town at 250-428-2214.

 <p>Most items can be searched for at www.bcrecycles.ca If you don't find what you are looking for, refer to the links below</p>			
  <p>Oil & Antifreeze www.bcusedoil.com</p>	    <p>Household Batteries www.call2recycle.ca</p> <p>Lead-Acid Batteries</p>	 <p>ElectroRecycle SMALL APPLIANCE & POWER TOOL RECYCLING PROGRAM</p>  <p>www.electrorecycle.ca</p>	
 <p>Refundable Beverage & Alcohol Containers</p>  <p>www.return-it.ca/beverage/products</p>	   <p>www.recyclemyelectronics.ca/bc</p>	 <p>Large Appliances www.marrbc.ca</p> 	
   <p>www.healthsteward.ca</p>	 <p>OUTDOOR POWER EQUIPMENT INSTITUTE OF CANADA</p>  <p>www.opec.ca</p>	     <p>Household Hazardous Waste Paint Light Bulbs & Fixtures Smoke/CO2 Alarms</p> <p>www.productcare.org/province/british-columbia</p>	
 <p>Cellphones & Accessories</p>  <p>www.recyclemycell.ca</p>	  <p>Packaging & Printed Paper www.recyclebc.ca</p>	  <p>Vehicle and Bicycle Tires www.tsbc.ca</p>	 <p>EASY. SAFE. FREE. THERMOSTAT RECYCLING</p>  <p>Digital and Mercury Thermostats www.hrai.ca/trp</p>



Don't see what you're looking to recycle?

The Recycling Council of BC maintains a comprehensive database for recycling or properly disposing of almost any item. Check out the “Recyclepedia” search tool on their website at rcbc.ca or contact them at: 1-800-667-4321 or email hotline@rcbc.ca